Prairie Mountain Health

Gastroscopy Information

Your doctor has recommended that you have an upper gastrointestinal (GI) endoscopy. During this procedure a flexible fiber optic tube (endoscope) is passed through the mouth and throat into the upper digestive tract. This procedure allows the doctor to examine the lining of the esophagus (food tube), stomach and duodenum (first portion of the small intestine) and to identify any abnormalities.

All dentures and eyeglasses must be removed prior to the start of this procedure.

You will be asked to sign a consent form authorizing the doctor to perform the procedure. Please let the doctor or nurse know if you are allergic to any medications.

Your doctor will spray your throat or ask you to gargle with a numbing medicine. As you lie on your left side, the doctor will place a small mouthpiece between your teeth. You will be able to breathe normally.

You may require extra sedation through an intravenous. PLEASE NOTE: If you have the intravenous sedation you will require a driver and supervision for 24 hours.

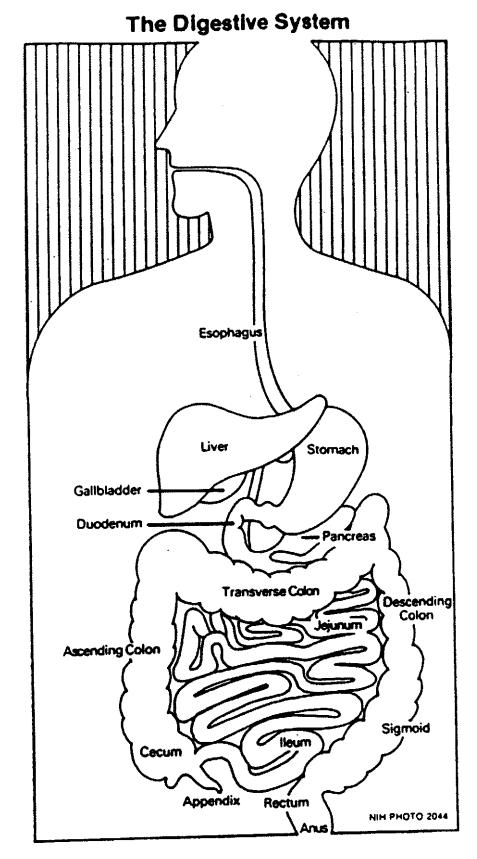
The doctor will then help you to swallow the flexible endoscope tube. Your doctor will examine the esophagus, stomach, and duodenum. A biopsy specimen (tiny bit of tissue) may be taken for microscopic examination. You will not feel any sensation or discomfort while the biopsy is performed.

The nurse will give you instructions to follow when you go home. You will be instructed when to follow up with the doctor for your results.

If you have any questions, please feel free to ask the doctor or the nurse.

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